

5U ACADEMY SCHEDULE & WEEKLY THEME – 8 WEEK PROGRAM

Aug 17th – Make-up Uniform P/U- 5:30 – 7pm AYSO Office – 330 Maple Street, Corona

PHOTOS – Santana Park – Saturday, August 19th

12:30 pm BOYS – Fruit Loops – Red Team Capt Crunch – Gold Team

 BOYS - Lucky Charms – Green Team

12:40pm BOYS – CoCoa Puffs – Orange Team

 GIRLS – Fruit Loops – Red Team Capt Crunch – Gold Team

 GIRLS – Lucky Charms – Green Team CoCoa Puffs – Orange Team

Season Starts Sat/Sept 9th – Shearer Park – 3169 Corydon, Norco, CA 92860

<u>DATE</u>	<u>8:30 AM</u>	<u>10:00 AM</u>	<u>WEEKLY THEME</u>
Sept 9th	Boys	Girls	WILD WEST ROUND-UP
(Will provide Snacks – Coaches hand out)			
- Parents sign up for next 6 weeks!			
Sept 16th	Boys	Girls	A PIRATE’s LIFE
Sept 23rd	Boys	Girls	MERMAID/UNDER THE SEA
(Make Up Picture Day) 8:30 am – 11:30:am - @ Shearer Park			
Sept 30th	Boys	Girls	CARS
Oct 7th	Boys	Girls	LEGOS/TEAM WORK
Oct 14	Boys	Girls	SUPER HEROES
Oct 21	Boys	Girls	GALAXY QUEST
Oct 28	Boys *	Girls *	Coaches Coach Own Team

- * We’ll have awards and a snack in celebration – Last day together!

5U ACADEMY 101 – BASIC INFO – AYSO37

Where to read more – Go online – AYSO37.org – Click on programs click on 4U/5U Academy.

Timeframe – 8 weeks, meeting @ 8:30 am or 10:00 am for 1 Hr + 10 min every Saturday.

Expectation – 8 week program, new theme and music each week to complement the warm-up, practice, skill, game, etc being taught each week. Players will work on fine motor skills.

Spacing – We will assign players to a team with a Coach.

LOCATION: Shearer Park - 3169 Corydon, Norco CA 92860

- CHECK IN – Please check in your player the first 2 WEEKS – for a name tag.
- A MUST – SHIN GUARDS needed, cleats are great, but running shoes are OK with SIZE 3 BALL. (note: shinguards need to be underneath the socks)
- WHAT TO BRING – PARENTS: A smile, cleats/running shoes with player. Also chair/umbrella/water for breaks/sunscreen. Note: Grass in the am is often wet. ALSO – please stay off the game field if you're not the Coach.
- SNACKS – We will provide a SNACK the 1st week and last week (& special occasion only)
- TEAM SNACKS – Please bring packaged snacks unless OK with your TEAM. There is a snack sign-up list (with the Coach) if you wish to participate. If not, please bring a snack for your player. Remember they are 4 yrs old – two items and a juice box/Gatorade in a bag/ziplock, etc.

BUBBLE TIME – instead of Tunnel Time -at the end of the session – PARENTS FORM 2 lines- we'll pass out bubbles to the COACHES and 1 per family.

Master Coach Kevin McIntyre will lead the session as a group for $\frac{3}{4}$ of the time. Coaches will stay with their team during group time (warm-up, activity, skill, game) and then Coach Kevin will direct them to their field for final practice and/or scrimmage.

COACHES – we'll use cones for spacing. We always need parents to be Coaches (prefer 2 per team). Assistant Coaches will work with their players the whole time.

COACHES – Please check in also the first 2 weeks for a name tag for yourself. Please pick up a Coach hat as well. Thanks again for helping - much appreciated.

Master Coach – Kevin McIntyre, National Coach Academy Coordinator – Marla McIntyre

Questions: U4-U5director@ayso37.org